

Karmê Chöling Resident

Alcohol, Pets, & Music Policy

Alcohol & Drugs:

No alcohol consumption in public areas at Karme Choling unless there is a special event. This includes the Main House & Ashoka Bhavan.

Dathun: No alcohol consumption anywhere at KCL (Main House, Patenaude House, Ashoka Bhavan) during the first tens days of every dathun.

The use or possession of illegal drugs is not permitted anytime at Karme Choling.

Pet Policy:

History

There has always been an unstated “no pets” policy for staff at Karme Choling. There currently is a stated “No Pets” policy for participants and guests. **No pets are permitted at KCL, unless by special exception.** This applies to staff, volunteers, residents, participants and guests.

Music Guidelines:

Karme Choling is a meditation center, providing a practice environment for program participants, guests and staff. While music is an essential expression of our Basic Goodness, it can be distracting to meditation practice.

These guidelines apply to all situations at Karme Choling, including Ashoka Bhavan, except during Family Camp.

- **In the personal and staff space, music may be listened to or played at all times. Please be mindful of the noise level depending on time of day. Music should not be heard beyond the staff space.**
- **Music may be played outside only when there are no programs on the land, unless there is a special event. Please take the cues from the phenomenal world when this appropriate.**
- **Music may be listened to quietly in the kitchen but ONLY when there are no programs or staff practice days, and no in house retreatants.**
- **There may be other circumstances when the playing or listening to music may be acceptable and even encouraged. If you are unsure, please check with the Deputy Director, Rusung, or KOD.**

I understand the **Alcohol, Pets, Music policy** of Karme Choling, and I agree to abide by these rules during my time here.

Signed: _____ Date: _____